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| Womens self-defense seminar Back by popular demand, Mango Combat Sports presents a very special day of training, our second women’s self-defense seminar.This seminar is a stand-alone training session and does not require attendance at any prior seminars or training classes. Cost is $35.00 per person, which can also be applied to the cost of a 6-week Self-Defense Bootcamp starting June 22nd,2019. Details to follow.  |
| [**www.mangocombatsports.com**](http://www.mangocombatsports.com)**C:\Users\heart\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\E029AFB6.tmp** |

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| Sunday, June 2nd, 2019 8am to noon8:00 am registration/meet and greet  8:30 am The criminal mind, offenders perspective  9:00 amVictim advocate and law enforcement 9:30 am warm-up/self -defense techniques8:30Add More Great Info Here! |
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| Mango Combat Sports420 Airport Rd. Unit A and BElgin, Il 60123(847)387-0489www.mangocombatsports.comSign up online or callSpace is limited |

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