

# DOMESTIC VIOLENCE AWARENESS MONTH

# Domestic Violence

## WORKSHOP

**DATE:** OCTOBER 26, 2024

**TIME:** 11:00AM TO 2:00PM

**LOCATION:** DELAND LIBRARY  
300 E.. HOWRY AVE  
DELAND FL

LUNCH BREAK ON YOUR OWN 1:00 PM

PLEASE BRING **3**  
NON-PERISHABLE FOOD ITEMS  
FOR THE WOMEN IN NAACP  
THANKSGIVING FOOD DRIVE  
FOR FAMILIES IN NEED



## IDENTIFY SIGNS AND SYMPTOMS



- What is domestic violence?
- Recognizing signs and symptoms.



## PATTERN INTERNALIZATION OF DAMAGED SELF-BELIEF

- Review of some vital assessments and reinforcement exercises. .
- How to rewire patterns of belief symptoms and thought patterns over time

## ABUSE AND PATTERN BEHAVIOR SCALE

- Empowerment handouts
- Educational interpretation
- Recognition of Severe Abuse



Cynthia Pagan Hale  
FFT Helping Other  
CEO

**FREE CERTIFICATION CLASS**

**PLUS SURPRISE GUEST SPEAKERS**



- \*ADVOCATE
- \*AUTHOR
- \*SPEAKER
- \*MILITARY DOMESTIC VIOLENCE & SEXUAL ASSAULT SURVIVOR
- \*WOMEN IN NAACP CO-CHAIR
- \*COGNITIVE BEHAVIORAL THERAPIST
- \*GLOBAL GOODWILL AMBASSADOR
- \*PROUD ARMY DAUGHTER
- \*PROUD ARMY MOM

